



Immaculate Conception

Catholic Church † Mission of the Sacred Heart

865 Hatchell Lane (70726); P. O. Box 1609
Denham Springs, LA 70727

The Grapevine

Phone (225) 665-5359 • Fax (225) 665-4422

www.icc-msh.org • churchoffice@icc-msh.org

May 29, 2016

The Most Holy Body and Blood of Christ

Volume 39 • Number 22

PASTORAL STAFF:

Rev. Frank M. Uter. Pastor
Rev. Amal Raj, I.M.S. Associate Pastor
Ronnie Dugas. Parish Administrator
Mike Chiappetta Permanent Deacon
Peter Schlette. Permanent Deacon
Rudy Stahl. Permanent Deacon

MASS SCHEDULE

Saturday Vigil. 4:00 p.m.
Sundays . . 7 a.m., 9 a.m., 9a.m. (MSH), 11 a.m. & 6 p.m.
Monday-Wednesday-Thursday-Friday-8:30 a.m.
Tuesday . . 6:00 pm followed by Novena/Benediction
Holy Days. As announced

SACRAMENT OF RECONCILIATION

Tuesday 5:30-5:45 p.m.
Friday 8:00-8:20 a.m.
Saturday 2:45-3:45 p.m.
Other times as announced or by appointment.

BAPTISMS: Notify Parish Office during pregnancy. Instruction for parents and godparents is required.

MARRIAGE: Contact the Parish Office at least six months before desired date.

PRAYER LINE: (confidential ministry)
Contact Ms. Pat Pastor at 664-1097.

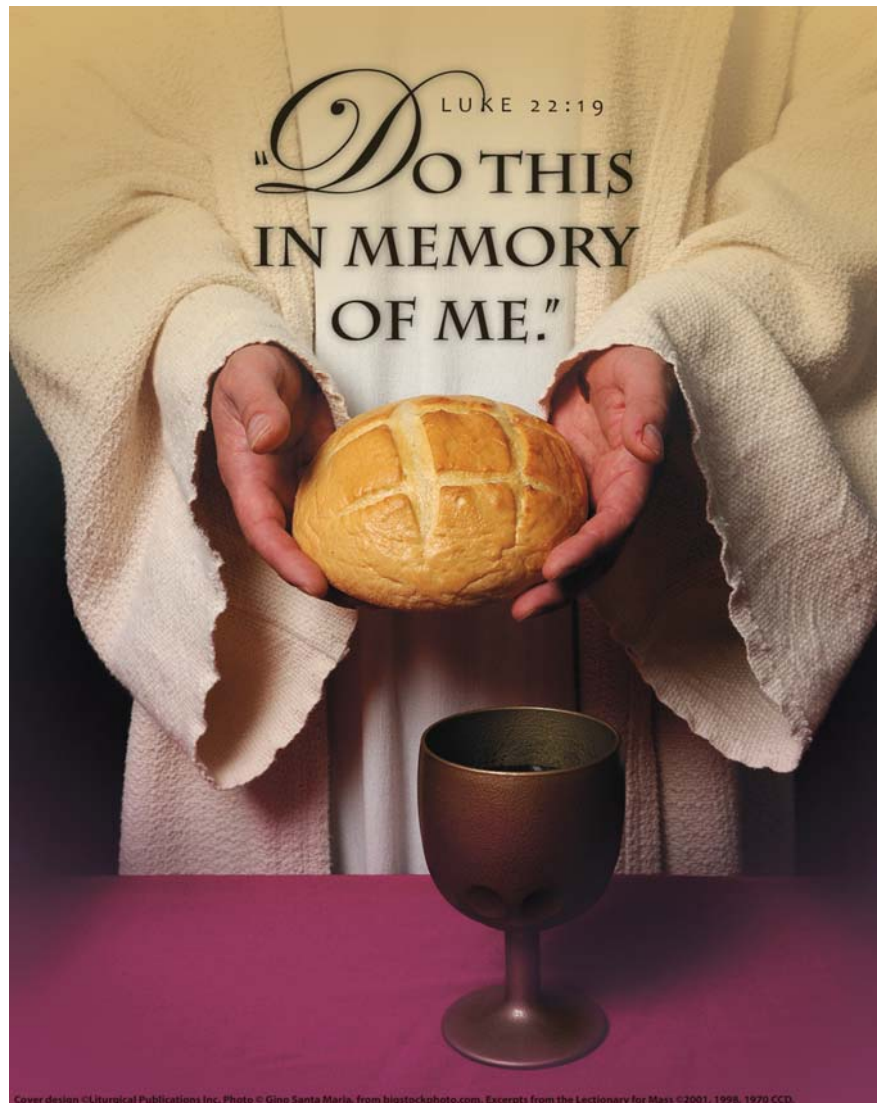
CARE OF THE SICK: Emergency calls answered immediately. Home visitation for the sick and shut-in weekly and upon request. Hospital visits weekly and upon request.

CHRISTIAN BURIAL: Please make arrangements by calling the Parish Office.

PERPETUAL EUCHARISTIC ADORATION CHAPEL:

Open 24 hours a day, seven days a week.
Contact Allison Renfrow at 665-1424.

Information or news for the Grapevine (published weekly) should be called in to the Parish Office at least two weeks prior to the event.



MISSION STATEMENT

Immaculate Conception Church Parish and the Mission of the Sacred Heart is a welcoming community, centered in the Eucharist, rooted in faith, growing in fellowship, and sharing in unity the mission Christ entrusted to us.

—Directory—

Church Office-665-5359; (Hours: M-F, 8 a.m. 5 p.m.)

Bookkeeper: Mrs. Michelle Holmes; mholmes@icc-msh.org
Bulletin Editor/Website: Mrs. Elaine Matherne; elamath@icc-msh.org
Receptionist: Mrs. Denise Gibson; dgibson@icc-msh.org
Parish Nurse: Mrs. Stephanie Gaudin; nurse@icc-msh.org

Liturgy—665-5359

Liturgy Coordinator: Deacon Rudy Stahl; deaconrudy@icc-msh.org
Liturgy Coordinator Assistant/Baptism Coordinator:
 Mrs. Sherry Leger; sleger@icc-msh.org
Adult Formation: Deacon Rudy Stahl; deaconrudy@icc-msh.org
R.C.I.A. Coordinator:
 Mrs. Judy Graphia; 665-9631; jgraphia@icc-msh.org

Maintenance Office—665-2281; ext. 206

Mr. Harry Stelly; Mr. Fred Adams; Mrs. Joni Hebert; Ms. Kerry Brown

Parish School of Religion Office—665-5926

Coordinator for Grades 1-6:
 Mrs. Barbara Normand; bnormand@icc-msh.org
Coordinator for Grades 7-10:
 Mrs. Gwen Richard; gerichard@icc-msh.org
Parish School of Religion Secretary/Site Child Protection Officer: Mrs. Jane Stahl; jstahl@icc-msh.org
Youth Minister: Mr. Kevin Acord; acordkp@gmail.com

Early Learning Center—664-8968

ELC Director: Mrs. Mandy Haley; elc@icc-msh.org
Asst. Director: Mrs. Karen Smith; elc@icc-msh.org

St. Vincent de Paul—665-1623; CommUnity Hands—667-9015

Readings For The Week of May 29

Sunday: Gn 14:18-20/Ps 110:1-4/1 Cor 11:23-26/Lk 9:11b-17
 Monday: 2 Pt 1:2-7/Ps 91:1-2, 14-16/Mk 12:1-12
 Tuesday: Zep 3:14-18a or Rom 12:9-16/Is 12:2-6/Lk 1:39-56
 Wednesday: 2 Tm 1:1-3, 6-12/Ps 123:1-2/Mk 12:18-27
 Thursday: 2 Tm 2:8-15/Ps 25:4-5, 8-10, 14/Mk 12:28-34
 Friday: Ez 34:11-16/Ps 23:1-6/Rom 5:5b-11/Lk 15:3-7
 Saturday: 2 Tm 4:1-8/Ps 71:8-9, 14-17, 22/Lk 2:41-51

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—Administration—

May 21/22, 2016



Identified offertory givers: \$ 15,058.50
 Visitors/unidentified: \$ 2,581.26
Total Collected: \$ 17,639.76

JULY 1, 2015 TO DATE

ACTUAL INCOME: \$ 1,250,417.51

JULY 1, 2015 TO DATE

ACTUAL EXPENSE: \$ 1,154,736.49
Surplus/Deficit \$ 95,681.02

St. Vincent de Paul: \$ 2,429.00
 Building & Maintenance: \$ 1,150.00
 Piarists Mission: \$11,900.16

—Community—



We congratulate our
GRADUATES

Denham Springs High School

Hannah Duhe
 Whitney Fourrier
 Londyn Patty
 Victoria Varnado
 Reagan Wallace

Grace King High School

Diana Henry

Walker High School

Meghan Gremillion
 Elizabeth Hill
 Colton Johnson
 Matthew Milton, Jr.
 Daniel Price
 Brett Ross
 Kaitlyn Vizinat

Progressive Education Program

Matthew Broussard

Louisiana State University

Angela Bucher

Tulane University

Qadri Majida

O.L.O.L. Physician Assistant Program

Amanda Bucher

Live Oak High School

Evan Baut
 Jessica Bowen
 Joshua Danna
 Brice Larson
 Daniel Larson
 Madison Larson
 Victoria Tassin

Central High School

Dalen Tidwell

Livonia High School

James Todd

LA Connection Academy

Renee Duhon

French Settlement High School

Trevor Ballard

Northshore Community Tech.

Meilenn Weiss

Southeastern University

Quinley Arceneaux

Northwestern State University

Katie Danna

Blessing of Graduates

Before you were even formed, God knew you. While in your Mother's womb, God named you. At your birth, God's breath filled you with life. Today we celebrate what you have become at this moment in time. And so we pray:

God of our beginning, we thank you for the gifts of these graduates; their excitement, their awesome wonder and curiosity, their open speech and encouraging words. Their contributions have blessed and challenged us, and we have become a richer and more diverse community because of them.

As they step forward into the world that awaits, comfort their fears with the full knowledge of Your Divine Presence. Strengthen their resolve to walk in the footsteps of Jesus as modern-day disciples in a world that needs their spirit.

Guide their feet as they move through life, protecting them from the pitfalls of darkness while they help to lead future generations into the warmth and promise of your light. We ask this blessing upon each of them. Amen.



WeShare Online Giving



CONSIDERATION OF OUR CHRISTIAN COMMITMENT: ONE BODY

Today we celebrate the Solemnity of the Body and Blood of Christ. The Lord reminds us that when we gather around his Table, we gather as One Body, the Body of Christ, we gather with the Church here in Livingston Parish, we gather with the Church Universal, we gather with the Saints in Heaven – One Body. This is an especially meaningful thought as I gather on Sunday in Dublin, aware that you are gathering with me in Denham Springs and Livingston, all around the Table of the Lord.

This Sunday, the Catholic Daughters of America are sponsoring a breakfast for our graduates. I have come to know our graduates better from having the privilege of being able to interview them and assist in their preparation for Confirmation last year. I know them to be a very good, gifted and graced group of young men and women, and we are blessed to have them among us. I will not be here this Sunday, but do want to congratulate them, their parents and all who have been a part of their journey through the years.

Since they are being recognized this Sunday and I will not be here, I would like to invite one of them, Madison Larson, to help me with this bulletin article.



She received the Catholic Daughters' award and recognition for her service in the parish and larger community, and I believe in many ways she speaks for our group of graduates who share a wonderful spirit with her. She is photographed above presenting her paper at the Catholic Daughters meeting. Jeanne O'Neil, CDA Regent, is to her right. Madison writes:

"Being a Christian is more than merely believing in God. It means to follow him and to ultimately become a servant – to serve the Lord first and others second. These two principles coincide, for to be serving others would be in obedience to God's commandments. Being a servant is carrying the phrase, "I am second." No matter the situation of choice, a servant is last, denying oneself's innate selfish character.

Community service captures the very essence of being a Christian servant. It allows one to truly be the hands and feet of Christ. As Christian servants, we are called to feed the hungry, shelter the poor, clothe the naked, and visit the sick and imprisoned. Community service is the perfect opportunity to cultivate this.

I believe that I was given specific talents, specific personality, and specific resources to do just that. It has brought me extreme joy to do so. Most recently I have served my own community with a mission that Immaculate Conception Catholic Church hosted: Mission Joy. Through this experience, I met wonderful strangers and completed many volunteer acts of yard and house work. Fellow students/parishioners and I worked long hours in the summer heat, but the most rewarding part was spreading God's love and grace to others, which is also the most important aspect of community service. With purposed hearts, we fixed many broken homes, and perhaps many broken families. As I looked at the tattered and shattered and messy homes/yards, I realized it was a physical symbol that these people's lives like their houses were messy, and their hearts, broken. But as we cleaned and wiped away the physical mess on the outside, I realized that just as we mended the house, God gave us the ability to mend the families. I've learned: We are all a mess! But underneath the weeds and grime, God reveals the beauty.

With community service, little by little, we have the opportunity to make our town or city a better place. We are the behind-the-scenes who clean, pickup, paint, feed, donate, mow, cook, visit, sing, dance, write, build, and love. We use our gifts as gifts to others and it creates a domino effect.

I am very blessed. I have a wonderful home, family, friends, and education. The reality is that many do not have those things. It is my responsibility to give back by using my time and passions and available resources. With those who provide community service there is a little less loneliness, messiness and poorness, and a little more togetherness and happiness.

By participating in community service, not only are you becoming more Christ-like, but you are also being an example! And you are giving hope. You are giving love. And that is very powerful in the world we live in today – a world becoming more and more desensitized and selfish. Community service matters."

I believe Madison speaks for many of our graduates who share a wonderful spirit. Congratulations to them all. Let us pray for one another; Love,

Janet H.

Immaculate Conception Church May 29 — June 11, 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 7:00 AM - 8:00 AM Mass/C 9:00 AM - 10:00 AM Mass/C 9:00 AM - 10:00 AM Mass/MSH 9:00 AM - 12:00 AM Nursery/ELC4 10:00 AM Graduates Breakfast/MH 11:00 AM - 12:00 PM Mass/C 6:00 PM - 7:00 PM Mass/C	30 MEMORIAL DAY CHURCH OFFICE CLOSED 8:30 AM - 9:00 AM Mass/C 12:00 PM - 1:00 PM AA Meeting/SH	31 12:00 PM - 1:00 PM AA Meeting/SH 5:30 PM - 6:00 PM Reconciliation/C 5:30 PM - 7:00 PM Girl Scouts # 10215/TB 6:00 PM - 6:30 PM Mass/C 6:30 PM - 7:00 PM Nov/Bene/C 6:00 PM - 7:00 PM Jr. High/PMAC 7:00 PM - 9:00 PM Men's Club/SH	1 JUNE 8:30 AM - 9:00 AM Mass/C 9:00 AM - 12:00 PM Threads of Love Sewing Ministry/MH 12:00 PM - 1:00 PM AA Meeting/SH 6:30 PM - 8:00 PM Saying Yes - What is God's Will for Me?/SH 7:00 PM - 8:30 PM High School Youth/PMAC	2 8:30 AM - 9:00 AM Mass/C 12:00 PM - 1:00 PM AA Meeting/SH 5:00 PM - 6:00 PM Girl Scouts #10749/TB16 7:00 PM - 9:00 PM Boy Scouts/P 7:00 PM - 8:30 PM Summer Faith Focus/FFC-210	3 8:00 AM - 8:25 AM Reconciliation/C 8:30 AM - 9:00 AM Mass/C 12:00 PM - 1:00 PM AA Meeting/SH 7:00 PM - 9:00 PM Charismatic Prayer Group/C	4 12:00 PM - 1:00 PM AA Meeting/SH 2:45 PM - 3:45 PM Reconciliation/C 4:00 PM - 5:00 PM Sunday Mass/C
5 7:00 AM - 8:00 AM Mass/C 8:00 AM - 1:00 PM Parish Blood Drive/MH 9:00 AM - 10:00 AM Mass/C 9:00 AM - 10:00 AM Mass/MSH 9:00 AM - 12:00 AM Nursery/ELC4 11:00 AM - 12:00 PM Mass/C 12:15 PM - 1:30 PM Baptisms/C 6:00 PM - 7:00 PM Mass/C 7:00 PM - 8:00 PM Patr. Rosary/C	6 8:30 AM - 9:00 AM Mass/C 12:00 PM - 1:00 PM AA Meeting/SH	7 12:00 PM - 1:00 PM AA Meeting/SH 5:30 PM - 6:00 PM Reconciliation/C 5:30 PM - 7:00 PM Girl Scouts # 10215/TB 6:00 PM - 6:30 PM Mass/C 6:30 PM - 7:00 PM Nov/Bene/C 6:00 PM - 7:00 PM Jr. High/PMAC 7:00 PM - 8:30 PM Leadership Night/MH 8:45 PM - 9:45 PM Council/MH	8 8:30 AM - 9:00 AM Mass/C 12:00 PM - 1:00 PM AA Meeting/SH 6:00 PM - 8:00 PM Festival Meeting/R2 6:30 PM - 8:00 PM Saying Yes - What is God's Will for Me?/SH 7:00 PM - 8:30 PM High School Youth/PMAC	9 8:30 AM - 9:00 AM Mass/C 12:00 PM - 1:00 PM AA Meeting/SH 7:00 PM - 9:00 PM Boy Scouts/P 7:00 PM - 8:30 PM Summer Faith Focus/FFC-210	10 8:00 AM - 8:25 AM Reconciliation/C 8:30 AM - 9:00 AM Mass/C 9:00 AM - 12:00 PM St. V Food Bank Sign-up/SH 12:00 PM - 1:00 PM AA Meeting/SH 7:00 PM - 9:00 PM Charismatic Prayer Group/C	11 9:00 AM - 12:00 PM St. V Food Bank Sign-up/SH 12:00 PM - 1:00 PM AA Meeting/SH 2:45 PM - 3:45 PM Reconciliation/C 4:00 PM - 5:00 PM Sunday Mass/C 5:00 PM - 9:00 PM World Marriage Anniversary Reception/MH

PSR Registration for 2016/2017 is now going on. Office hours are as follows: Mon., Tues, Weds. 10 a.m.-5 p.m.

The GRILL is On For You

We had such a great turnout with 800+ people attending! We would like to thank the Staff, the Knights of Columbus, the Youth Group, Boy Scouts, and Leadership for all the wonderful help for this event. Mark your calendars for next year, May 21, 2017, Feast of Saint Eugene de Mazenod.

Patriotic Rosary for our Nation—Join us to pray a rosary for our nation. This month we will gather in the Church on Sunday, June 5 at 7:00 p.m. “And if my people, upon whom my name has been pronounced, humble themselves and pray, and seek my presence and turn from their evil ways, I will hear them from heaven and pardon their sins and revive their land.” 2 Chronicles 7:14

MASS INTENTIONS (05/28/16-06/05/16)
Saturday: 05/28/16—4 p.m. Edward Andy Anderson†; Maria Khen†; Virgil & Mary Brown†; Edrith Taylor†; Bernie Rice†; Carla Cheramine†.
Sunday: 05/29/16—7 a.m. Lloyd deGeneres†; Joseph M. Gallegos. **9 a.m.**—Phillip John Bilski†; Donald Lavigne & Jeremy Berthelot†; Deacon Pete Schlette; Evelyn Summers†; Mary Guidry†; Jeanette Aucoin†. **9 a.m.—(MSH)** Edwin Lohr†; Robert C. Adams†; Lynwood Stafford, Jr.†; **11 a.m.** Parishioners. **6 p.m.** Gail Melancon.
Monday: 05/30/16—8:30 a.m. Bill Collier†.
Tuesday: 05/31/16—6 p.m. Taylor Bossom†.
Wednesday 06/01/16—8:30 a.m. Alex Theriot, Jr.†.
Thursday: 06/02/16—8:30 a.m. Barbara Fossier†.
Friday: 06/03/16—8:30 a.m. Floyd Crochet†.

Saturday: 06/04/16—4 p.m. Michael Prince†; Leroy Chustz†; Sam Guzzardo†; Kelly Meaux†; Deanna Adcock†; Michael Nugent†; Helen Johnson†; Marie Staggs†; Kathy & Bob Alello.
Sunday: 06/05/16—7 a.m. Lloyd deGeneres†; Corita Thibodeaux. **9 a.m.**—Edrith Taylor†; Lindell Gill, Sr.†; Mary Guidry†; Phillip John Bilski†; Jeanette Aucoin†; Lynne Sharp; Deacon Rudy Stahl. **9 a.m.—(MSH)** Open Intention. **11 a.m.** Donald Lavigne & Jeremy Berthelot†; Garrett Minard†; Dane Bananno†; Edward Summers†; Butch Calmes†; Chuck Sturm†; TJ & Betsy Rei Prechet. **6 p.m.** Parishioners.

CHURCH SANCTUARY LAMP 05/29/16—06/04/16 burns in memory of **BERNIE RICE**.
ADORATION CHAPEL LIGHT: 05/29/16—06/04/16 burns in honor of **MARJORIE & SHERAN FONTENOT**.

—Formation—



Rite of Christian Initiation of Adults

Testimonies of new Catholics and sponsors, 2016

(Each week during the next few months, we will be sharing the R.C.I.A. experience and stories of our new Catholics who joined the Church this Easter, as well as comments from their sponsors.)

I have loved every second of my RCIA experience! I'm so sorry I missed as much as I did due to work, so anything I feel is lacking is my own fault. I do always want to know more history or more "behind the scenes" of the different stories (Kevin does this so well). I am always so interested in the "why" of everything. I have never been so excited to go to Church as I have been since last August. I think it's the information but it is also to come be with all of my group! I wish that I had done this before, but I'd be so sad not to have done this with these particular people. It really has made me feel like I have a "home" and a "family" to come to whenever I can. I am so inspired to find ways to keep coming back and connect in any way I can.

—Niki Thornton

ICC Bible In A Year
Scriptures for the week of 05/30/16
 05/30-I Chron; 05/31-I Chron 26-29; 06/01-II Chron 1-3; 6/2-II Chron 4-7; 6/3-II Chron 8-9; 6/4-II Chron 13-17; 6/5-II Chron 13-17

World Marriage Celebration: On Saturday, June 11, 2016, Immaculate Conception and the Mission of the Sacred Heart will honor all couples at the 4 p.m. Mass who will celebrate their 25, 30, 35, 40, 45, 50, 55, 60, or more years of marriage. If you are celebrating one of these anniversaries this year, or last year in 2015, please call the Church Office at 665-5359, or go to our website: www.icc-msh.org.

DEADLINE: Monday, May 30.



Congratulations and prayers to the children who were baptized recently:

- David Roman Bourgoyne*
- Easton Jacob Comeaux*
- Grayson Zane Hotard*
- Leo Taylor*
- Vivian Taylor*

ATTENTION ALL MINISTRY CHAIR PERSONS
 Please submit your calendars for July 2016 through July 2017 no later than **Friday, June 3, 2016**. You may bring your calendar to the church office or e-mail Elaine at elamath@icc-msh.org. Please include fundraisers for the year 2016/2017. Thank You!



Stump the Deacon-like a Child!

What Does Jesus mean when He says in Mark 9:37-Anyone who welcomes a little child such as this in my name, welcomes me...?



Jesus often warns us that we will be judged on the way we treat others. In Matthew 25:31-46 he tells us that what we do/do not for the least of my brothers you did or did not do for me. Here he uses the example of a little child, weak, vulnerable who needs our love and support. When we welcome such a child we are welcoming not only Jesus but also the Father who sent him. Jesus had a great love and respect for children, In Mark, chapter 10 he says that if we do not accept the kingdom of heaven (with the simplicity and faith) like a little child we will not enter it. If you have a question you would like to see addressed here email me at deaconrudy@icc-msh.org. —*Deacon Rudy Stahl*

—Youth Events—

encounter jrhi group presents

SCHOOL'S OUT RAVE!
 & 5TH GRADE PROMOTION

Saturday June 4th 6pm-9pm ISM room

ARE YOU READY???
 1ST ANNUAL ISM
MESSY OLYMPICS

Saturday June 18th
 10am-2pm

For more information about Youth Events, contact Kevin Acord, Youth Minister; acordkp@gmail.com.



Vacation Bible School

June 20-June 24, 2016; 9:00 AM to 12:00 PM
 For Students entering K-5th grades this fall

Registration Fee: \$15.00 (include payment with registration form: checks payable to ICC)

Registration Deadline: June 10, 2016

Forms are available online: www.icc-msh.org or Church Office.

—Outreach—

Give a Little, Be a Hero



Our next blood drive is June 5th in the Main Hall. Giving blood is a serious but very necessary event. Every three seconds someone somewhere needs blood. What if it was you or one of your loved ones? During the summer months, the blood donations go way down and the need goes way up. Have you thought about giving blood? Have you prayed about it? With a church as large as Immaculate Conception, the fact we average around 35 units of blood is a travesty. We should be able to collect at least 75 units at each drive. It has to begin with YOU. You can be a hero on June 5th. Decide to give, to help up to three people, to be a lifesaver. Do it-You'll be glad you did. For more information, email nurse@icc-msh.org.



St. Vincent de Paul Food Sign-up
Immaculate Conception Catholic Church
Friday, June 10—9 a.m.-12 p.m.; Small Hall
OR

Saturday, June 11—9 a.m.-12 p.m.; Small Hall

What to bring with you:

- * Picture ID card.
- * Power bill, rent receipt or mortgage statement for your address in your name.
- * Proof of income (food stamp report works well) for all in your household.

For more info, call St. Vincent de Paul at 665-1623.

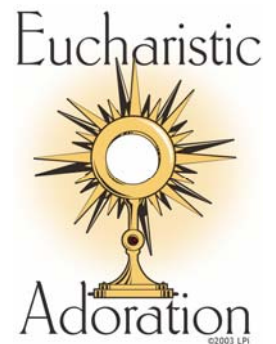
—Worship—

Perpetual Adoration Chapel

Each moment you spend with Jesus in the Blessed Sacrament efficaciously deepens your union with Christ, because just as you can't go outside while its raining without getting wet, neither can you come into the presence of the Lord without getting Holy, for Jesus says, "From His Heart there shall flow fountains of living water to all who come to Him."

HOURS NEEDED FOR ADORERS

- Sat—1 p.m.-2 p.m.*
- Sat—5 p.m.-6 p.m.*
- Sat—9 p.m.-10 p.m.*
- Sat—10 p.m.-11 p.m.*
- Sat—11 p.m.-Midnight*
- Sun—9 a.m.-10 a.m.*
- Mon—1 a.m.-2 a.m.*
- Tues—1 a.m.-2 a.m.*
- Wed—12 a.m.-1 a.m.*



***No Committed Adorers—Substitutes needed for all hours**

The 12 noon hour on Fridays (not silent-praying the rosary) is for priests, religious, seminarians and The Unborn. All are welcome!



Summer Full Tummy Project

Please bring your donation of peanut butter and jelly to the Administration building and place in the appropriate white barrel marked "Mighty Moms". Deadline: Monday, May 30. For more information, contact Dawn Birdsong at 271-8321.



Elizabeth Ministry International

We are looking for new leadership for our Elizabeth Ministry. The Elizabeth Ministry is one of maternal mentoring that follows the example of Mary and Elizabeth from the scriptures. It is designed to support women and their families through the joys, challenges and sorrows of the childbearing years. The ministry's mission is to cherish children, encourage families and build communities. If you feel that you would like to contribute to this ministry as a leader, co-leader or a volunteer, please contact Stephanie Gaudin, the Parish Nurse at 665-5359. Thank you!



*** FREEZER FRIENDS**—We are so grateful for the generous parishioners who have filled our freezer up! God Bless You! **NOW IT'S TIME TO FILL THE FREEZER AGAIN!** If you would like to provide a meal, just bring it by the church office during office hours (8 am-5 pm) or place them in the Freezer Friends Freezer.



NOURISHING BODY & SOUL

Immaculate Conception Church Parish is pleased to bring to our parishioners a contemporary new movement that pairs the prayers of the rosary with core strengthening, stretching, and full body exercise. *SoulCORE* starts each Mystery with a scripture verse and a reflection, offering a time of rest. The movements vary on each Hail Mary. *SoulCORE* is a sensory experience that combines candlelight and music, providing participants the opportunity to nourish body, mind, & soul while contemplating the mysteries and fruits of the rosary.

Join us for an information class and social on Friday, June 17 beginning at 6:30 p.m. in the Main Hall. The suggested donation for the certified instructors is \$10. Participants are asked to bring an exercise mat and chair; exercise modifications will be given so all fitness levels are encouraged to attend. A wine and cheese social will follow the workout. For more information, contact Amanda Milton at 938-5236 or email amandamilton88@gmail.com.

"Remember that bodily exercise, when it is well ordered, as I have said, is also prayer by means of which you can please God our Lord."
 - St. Ignatius