



# Immaculate Conception

Catholic Church † Mission of the Sacred Heart

865 Hatchell Lane (70726); P. O. Box 1609  
Denham Springs, LA 70727

## The Grapevine

Phone (225) 665-5359 • Fax (225) 665-4422  
www.icc-msh.org • churchoffice@icc-msh.org

January 3, 2016  
The Epiphany of the Lord  
Volume 39 • Number 1

### PASTORAL STAFF:

Rev. Frank M. Uter. . . . . Pastor  
Rev. Amal Raj, I.M.S. . . . . Associate Pastor  
Ronnie Dugas. . . . . Parish Administrator  
Mike Chiappetta . . . . . Permanent Deacon  
Peter Schlette. . . . . Permanent Deacon  
Rudy Stahl. . . . . Permanent Deacon

### MASS SCHEDULE

Saturday Vigil. . . . . 4:00 p.m.  
Sundays . . . 7 a.m., 9 a.m., 9a.m. (MSH), 11 a.m. & 6 p.m.  
Monday-Wednesday-Thursday-Friday-8:30 a.m.  
Tuesday . . . 6:00 pm followed by Novena/Benediction  
Holy Days. . . . . As announced

### SACRAMENT OF RECONCILIATION

Tuesday . . . . . 5:30-5:45 p.m.  
Friday . . . . . 8:00-8:20 a.m.  
Saturday . . . . . 2:45-3:45 p.m.  
Other times as announced or by appointment.

**BAPTISMS:** Notify Parish Office during pregnancy. Instruction for parents and godparents is required.

**MARRIAGE:** Contact the Parish Office at least six months before desired date.

**PRAYER LINE:** (confidential ministry)  
Contact Ms. Pat Pastor at 664-1097.

**CARE OF THE SICK:** Emergency calls answered immediately. Home visitation for the sick and shut-in weekly and upon request. Hospital visits weekly and upon request.

**CHRISTIAN BURIAL:** Please make arrangements by calling the Parish Office.

### PERPETUAL EUCHARISTIC ADORATION CHAPEL:

Open 24 hours a day, seven days a week.  
Contact Allison Renfrow at 665-1424.

Information or news for the Grapevine (published weekly) should be called in to the Parish Office at least two weeks prior to the event.



They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him homage. Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh. - Mt 2:10-11

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

### MISSION STATEMENT

Immaculate Conception Church Parish and the Mission of the Sacred Heart is a welcoming community, centered in the Eucharist, rooted in faith, growing in fellowship, and sharing in unity the mission Christ entrusted to us.

—Directory—

**Church Office-665-5359; (Hours: M-F, 8 a.m. 5 p.m.)**

**Bookkeeper:** Mrs. Michelle Holmes; ext. 203  
**Bulletin Editor/Website:** Mrs. Elaine Matherne; ext. 224  
**Receptionist:** Mrs. Denise Gibson; ext. 200  
**Parish Nurse:**  
 Mrs. Stephanie Gaudin; ext. 207; nurse@icc-msh.org

**Liturgy—665-5359**

**Liturgy Coordinator:** Deacon Rudy Stahl; ext. 215  
**Liturgy Coordinator Assistant/Baptism Coordinator:**  
 Mrs. Sherry Leger; ext. 214  
**Adult Formation:** Deacon Rudy Stahl  
**R.C.I.A. Coordinator:** Mrs. Judy Graphia; 665-9631

**Maintenance Office—665-2281**

**Parish School of Religion Office—665-5926**

**Coordinator for Grades 1-6:**  
 Mrs. Barbara Normand; ext. 227  
**Coordinator for Grades 7-10:**  
 Mrs. Gwen Richard; ext. 223  
**Parish School of Religion Secretary/Site Child Protection Officer:** Mrs. Jane Stahl; ext. 208  
**Youth Minister:** Mr. Kevin Acord; ext. 209

**Early Learning Center—664-8968**

**ELC Director:** Mrs. Mandy Haley; ext. 210  
**Asst. Director:** Mrs. Karen Smith; ext. 210

**St. Vincent de Paul—665-1623**

**CommUnity Hands—667-9015**

Readings For The Week of January 3

Sunday: Is 60:1-6/Ps 72:1-2, 7-8, 10-13/Eph 3:2-3a, 5-6/Mt 2:1-12  
 Monday: 1 Jn 3:22--4:6/Ps 2:7-8, 10-12/Mt 4:12-17, 23-25  
 Tuesday: 1 Jn 4:7-10/Ps 72:1-4, 7-8/Mk 6:34-44  
 Wednesday: 1 Jn 4:11-18/Ps 72:1-2, 10, 12-13/Mk 6:45-52  
 Thursday: 1 Jn 4:19--5:4/Ps 72:1-2, 14-15, 17/Lk 4:14-22a  
 Friday: 1 Jn 5:5-13/Ps 147:12-15, 19-20/Lk 5:12-16  
 Saturday: 1 Jn 5:14-21/Ps 149:1-6, 9/Jn 3:22-30  
 Next Sunday: Is 40:1-5, 9-11 or Is 42:1-4, 6-7/Ps 104:1b-4, 24-25, 27-30/Ti 2:11-14; 3:4-7

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We express our sympathy and prayers to Gerard Landry, Vanessa Navarre, Terri Ezell and Cory Landry on the death of their mother and grandmother, **EPIE MANUAL LANDRY**; to Ernest Kelly on the death of his wife, **NELL ADAMS KELLY**; and to Mary Kirkpatrick on the death of her father, **EWING CHAPMAN**.

—Outreach— (continued on page 6)

**Patriotic Rosary for our Nation—Join us to pray a rosary for our nation. This month we will gather in the Church on Sunday, January 3 at 7:00 p.m.**

*“And if my people, upon whom my name has been pronounced, humble themselves and pray, and seek my presence and turn from their evil ways, I will hear them from heaven and pardon their sins and revive their land.”*  
 2 Chronicles 7:14

—Formation— (continued on page 5)



We offer our congratulations and prayers to the children who were

**Dyllan Lee Albritton**  
**Sophia Rose Thomas**

—Administration—

12/19/15-12/20/15



Identified offertory givers: . . . . .	\$	29,645.50
Visitors/unidentified: . . . . .	\$	1,795.40
Candles: . . . . .	\$	311.16
Christmas Offering: . . . . .	\$	1,355.00
Christmas Flowers: . . . . .	\$	297.00
Immaculate Conception: . . . . .	\$	50.00
Solemnity of Mary: . . . . .	\$	135.00
Catholic Life Center: . . . . .	\$	65.00

**Total Collected: \$ 33,654.06**

**JULY 1, 2015 TO DATE**  
**ACTUAL INCOME: . . . . . \$ 633,285.89**

**JULY 1, 2015 TO DATE**  
**ACTUAL EXPENSE: . . . . . \$ 621,795.45**  
**Surplus/Deficit . . . . . \$ 11,490.44**

St. Vincent de Paul: . . . . .	\$4,276.42
Building & Maintenance: . . . . .	\$4,846.00
Black & Indian Mission: . . . . .	\$ 40.00
Retirement for Religious: . . . . .	\$ 503.00
Campaign for Human Development: . . . . .	\$ 5.00

**ON-LINE GIVING NOW AVAILABLE~**



Go to:



[iccmsh.weshareonline.org](http://iccmsh.weshareonline.org)

## CONSIDERATION OF OUR CHRISTIAN COMMITMENT: BEGINNING TOGETHER

**This Sunday, we celebrate the Feast of the Epiphany of the Lord.** In some translations it is called the Manifestation



of the Lord. Epiphany/ Manifestation/ Revelation. These words mean pretty much the same thing, but the meaning is clear – the Lord is being revealed, is revealing himself to the world.

What is he revealing? The Lord came to reveal and show us many things, but what they all come down to is the unconditional love of the Father for us his children. This ties in with what I already said on December 8 when we opened the Year of Mercy and what I will repeat often through the year. Pope Francis when writing his letter announcing the Year of Mercy said that *“Jesus Christ is the face of the Father’s mercy. These words might well sum up the mystery of the Christian faith.”* It is good that we have been called during this Year of Mercy to celebrate and share what was revealed by the Lord in special ways. We share the life and Spirit of the one who was revealed at Bethlehem, at Cana, and in the Jordan, so we also are empowered to be the “Face of the Father’s mercy.”

**The Church through the centuries has celebrated the Epiphany of the Lord on three successive occasions:** The arrival of the Wise Men; the Marriage Feast at Cana, and the Baptism of the Lord. All three events have been celebrated as one Epiphany/Manifestation of the Lord. This is why



season have a verse which mentions each occasion – the Wise Men, the Marriage at Cana and the Baptism of the Lord. At each of the three manifestations, he must have deeply touched the lives of those who received him, the lives of those who recognized him. On this first Sunday of 2016, it is good to recall that the most important date we can mark on our calendars is this day, Sunday, on which we have the opportunity to have an encounter with the Lord who reveals himself, his will, and shares with us his strength. They saw and heard him, but we have the opportunity to receive him in Communion as well as listen to his word. Sunday worship networks us into the story God continues to tell us, a story of life and death, joy and sorrow, struggle and hope, and the bottom line of it all – grace, undeserved gift. We come each week to be renewed in that revelation and join all creation in praising Jesus as savior of the world.

The Wise Men traveled together encouraging each other along the way. They believed they were on the right track, but the finding of the Christ Child was possible only because they kept looking for him. They eventually knelt before him, but only because they never quit. And we must not either. It was risky, because Herod was not delighted to hear whom they were searching for. Worship can also sometimes be risky, as we might receive a call to follow that might be a bit uncomfortable to respond to. On this Sunday we have come to respond to the one who calls us, changes us and strengthens us for the journey.

Next Sunday, when we celebrate the Baptism of the Lord (the second Epiphany) I will be at the Cathedral



with our Confirmation candidates as we reflect on their call to be a full, adult member of the Church. Please keep them in your prayers. They celebrated their confirmation retreats at Angola where prisoners witnessed to them what a difference the Epiphany/Manifestation/ Revelation of the Lord meant in their lives. They were good retreats and now they prepare to be leaders also as we journey together. Let us remember them and all who travel with us in our prayers.

Love,

Immaculate Conception Church January 3 — January 16, 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3</b> 8 AM - 10:00 AM Coffee & Donuts/SH 7:00 AM - 8:00 AM Mass/C 8:00 AM - 11:00 AM RCIA-RCIA-C/ MH/ELC3 9:00 AM - 10:00 AM Mass/C 9:00 AM - 10:00 AM Mass/MSH 9:00 AM - 12:00 PM Nursery/ELC4 11 AM - 12:00 PM Mass/C 11 AM - 12:00 PM Children's Liturgy/SH 12:15 PM - 1:30 PM Baptisms/C 4:00 PM - 5:45 PM Praise Band/C 6:00 PM - 7:00 PM Mass/C 7:00 PM - 8:00 PM Rosary/C	<b>4</b> 8:30 AM - 9:00 AM Mass/C 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH	<b>5</b> 9:00 AM - 2:00 PM Art Council/ELC3 9:00 AM - 12:00 PM Great Adventure: Acts/SH 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH 5:30 PM - 6:00 PM Reconciliation/C 6:00 PM - 6:30 PM Mass/C 6:00 PM - 7:00 PM Jr. High/PMAC 6:30 PM - 7:00 PM Nov/Bene/C 7:00 PM - 8:30 PM Leadership/MH 7:00 PM - 8:00 PM Adult Choir/C 7:00 PM - 8:30 PM Financial Peace - Preview/FFC-210 8:45 PM - 9:45 PM Pastoral Council/R2	<b>6</b> 8:30 AM - 9:00 AM Mass/C 9:00 AM - 12:00 PM Threads of Love/ MH 9:15 AM - 2:00 PM ELC/ELC Rooms 11:00 AM - 12:00 PM ELC Music/ELC3 12:00 PM - 1:00 PM AA Meeting/SH 6:30 PM - 8:30 PM Bible Study/SH	<b>7</b> 8:30 AM - 9:00 AM Mass/C 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH 5:00 PM - 6:00 PM Girl Scouts #10749/TB16 7:00 PM - 8:30 PM That Man Is You/ R2 7:00 PM - 8:30 PM High School Youth/PMAC	<b>8</b> 8:00 AM - 8:25 AM Reconciliation/C 8:30 AM - 9:00 AM Mass/C 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH 7:00 PM - 9:00 PM Charismatic Prayer Group/C	<b>9</b> <b>Spiritual Adoption of Unborn Child</b> 7:00 AM - 8:30 AM That Man Is You/ SH 12:00 PM - 1:00 PM AA Meeting/SH 2:45 PM - 3:45 PM Reconciliation/C 4:00 PM - 5:00 PM Sunday Mass/C 7:00 PM - 12:00 AM Youth Lock-In/ PMAC
<b>10</b> 7:00 AM - 8:00 AM Mass/C 8:00 AM - 11:00 AM RCIA-RCIA-C/ MH/ELC3 9:00 AM - 10:00 AM Mass/C 9:00 AM - 10:00 AM Mass/MSH 9:00 AM - 12:00 PM Nursery/ELC4 11 AM - 12:00 PM Mass/C 11 AM - 12:00 PM Children's Liturgy/SH 12:15 PM - 1:30 PM Baptisms/C 1:00 PM - 4:00 PM Confirmation Day of Prayer/ MH/C 4:00 PM - 5:45 PM Praise Band/C 6:00 PM - 7:00 PM Mass/C	<b>11</b> 8:30 AM - 9:00 AM Mass/C 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH 6:30 PM - 7:30 PM Brownie Troop #12601/ELC4 7:00 PM - 8:00 PM Baptism Seminar/ 7:00 PM - 8:30 PM Cub Scouts #283/TB11	<b>12</b> 9:00 AM - 2:00 PM Art Council/ELC3 9:00 AM - 12:00 PM G A Acts/SH 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH 5:30 PM - 6:00 PM Reconciliation/C 5:30 PM - 7:00 PM Girl Scouts # 10215/TB16 6:00 PM - 6:30 PM Mass/C 6:00 PM - 7:00 PM Jr. High/PMAC 6:30 PM - 7:00 PM Nov/Bene/C 7:00 PM - 8:00 PM Adult Choir/C 7:00 PM - 8:30 PM Financial Peace/FFC -210	<b>13</b> 8:30 AM - 9:00 AM Mass/C 9:15 AM - 2:00 PM ELC/ELC Rooms 9:30 AM - 11:30 AM Small Faith Group/R2 11:00 AM - 12:00 PM ELC Music/ELC3 11:00 AM - 1:00 PM Young at Heart Luncheon/MH 12:00 PM - 1:00 PM AA Meeting/SH 6:30 PM - 8:30 PM Bible Study/SH 7:00 PM - 8:30 PM Confirmation Practice/C	<b>14</b> 8:30 AM - 9:00 AM Mass/C 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH 5:00 PM - 6:00 PM Girl Scouts #10749/TB16 7:00 PM - 8:30 PM That Man Is You/ R2 7:00 PM - 8:30 PM Cub Scout Com- mittee/SH 7:00 PM - 8:30 PM High School Youth/PMAC	<b>15</b> 8:00 AM - 8:25 AM Reconciliation/C 8:30 AM - 9:00 AM Mass/C 9:15 AM - 2:00 PM ELC/ELC Rooms 12:00 PM - 1:00 PM AA Meeting/SH 7:00 PM - 9:00 PM Charismatic Prayer Group/ SH 7:00 PM - 10:00 PM Confirmation/C Confirmation Reception/MH	<b>16</b> <b>Cemetery of the Unborn</b> 7:00 AM - 8:30 AM That Man Is You/ SH 12:00 PM - 1:00 PM AA Meeting/SH 2:45 PM - 3:45 PM Reconciliation/C 4:00 PM - 5:00 PM Sunday Mass/C



(01/02/16-01/10/16)

**Saturday: 01/02/16—4 p.m.**  
Sam Guzzardo†; James Spillers,

Sr.†; Alex Theriot, Jr.†; Dominico Thuc Nguyen†; Maria Mau Pham†; Jim Ligon†; Madeline Guitreau†; Margie S. Fontenot†. **Sunday: 01/03/16—7 a.m.** Open Intention. **9 a.m.** Maria Xe Nguyen†; Anna Lanh Nguyen†; Sandy & Jay Thompson. **9 a.m.—(MSH)** Parishioners. **11 a.m.** Dane Bananno†; Vasel Kalaj†; Butch Calmes†; Donald & Jeremy Berthelot†; **6 p.m.** Open Intention.

**Monday: 01/04/16—8:30 a.m.** Barbara Fossier†.

**Tuesday: 01/05/16—6:00 p.m.** Kenny Abbott†.

**Wednesday 01/06/16—8:30 a.m.** Special Intention.

**Thursday: 01/07/16—8:30 a.m.** Alex Theriot, Jr.†.

**Friday: 01/08/16—8:30 a.m.** Bill Collier.

**Saturday: 01/09/16—4 p.m.** Robert Adams, Jr.†; Noah

& Winnie Lachney, Sr.†; Noah & Maudry Lachney, Jr.†; Dominico On Nguyen†; Elmic Leger†; JoAnn Bayhi†; Sara Robinson†; Sam Guzzardo†; Gladys Sanders†; Deanna J. Adcock†; Margie S. Fontenot†.

**Sunday: 01/10/16—7 a.m.** Louella Blanchard†; Alex Theriot, Jr.†; Leroy & Anita Campo†; Jim Ligon†. **9 a.m.**—Garrett Minard†; Sandy & Jay Thompson; Peter Lan Nguyen†; John B. Dung Tran†; Lt. Commander Kelly William Gannon†; Donald Lavigne & Jeremy Berthelot†. **9 a.m.—(MSH)** Edwin Lohr†; Willis & Edmee Fontenot & Family†. **11 a.m.** Parishioners†. **6 p.m.** Madelyn Kelly†; Joseph Larue.

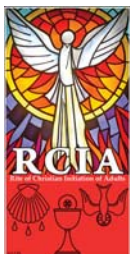
**CHURCH SANCTUARY LAMP 01/03/16—01/09/16**

burns in memory of **DANE BANANNO.**

**ADORATION CHAPEL LIGHT: 01/03/16—01/09/16**

burns in honor of **PAUL MICELI.**

## —Formation—



## Rite of Christian Initiation of Adults

## R.C.I.A. Phase Two: The Catechumenate

This Sunday the Catechumenate sessions for RCIA will resume. Those adults preparing to enter the Catholic Church will be dismissed at the end of the Liturgy of the Word. The parish is not sending them out because they are somehow “unworthy” to stay. God’s Word is their only food during this period. The participants depart from the Mass with their catechist to discuss the Mass readings for that Sunday and to experience more fully the impact of the Scriptures in their lives. This time is known as “Reflection on the Word.” This will continue each Sunday until Easter when those who are ready will join us at the Table of the Eucharist for the first time. *“All scripture is inspired by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the one who belongs to God may be complete, equipped for every good work.”*

(2 Timothy 3:16-17)

ICC Bible In A Year  
Scriptures for the week of 01/04/16

01/04-Jos 1-4; 01/05-Jos 5-8; 01/06-Jos 9-11; 01/07-Jos 12-15; 01/08-Jos 16-18; 1/09-Jos 19-21; 01/10-Jos 22-24

DAVE RAMSEY'S  
**FINANCIAL PEACE**  
UNIVERSITY

Financial Peace University is a program that teaches you how to beat debt, build wealth and keep your own economy thriving.

Classes are **STARTING SOON!**

PREVIEW CLASS:  
Tuesday,  
January 5  
@ 7 pm  
Immaculate Conception  
Faith  
Formation  
Center

All Classes will be at 7 p.m. on Tuesdays in the Faith Formation Building, Room 210. The first class is scheduled for Tuesday, January 12. You can sign up for the class and direct order materials at this link: <http://www.daveramsey.com/fpu/locations/class/1008761>

## Great Adventure Bible Series

## James: Pearls for Wise Living

Begins Thursday, January 28, 2016; 6:30 p.m.-8 p.m.

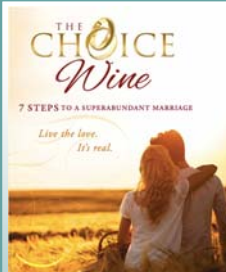
James is one of the most practical books of the Bible. Like the book of Proverbs, it is a book of wisdom, a collection of teachings on issues faced by ordinary Christians in everyday life. These teachings speak loudly to all those who feel torn between the competing demands of this world and their faith. This study offers “pearls for wise living” by applying the wisdom of James to the present day.

## A Biblical Walk with Mary (8 week series)

Begins Thursday, January 28, 2016; 9:30 a.m. –11 a.m.

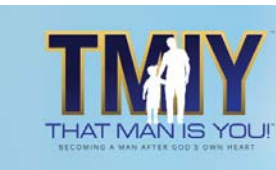
*Mary: A Biblical Walk with the Blessed Mother is an extraordinary pilgrimage that reveals Mary's unique role in God's Kingdom and in our lives.*

Register at the Church Office by January 4 to assure you will have your materials in time for the first classes.



**The Choice Wine:**  
**7 Steps to a Superabundant Marriage**

Is a pathway to authentic marital happiness. Couples will learn how to virtually divorce-proof their marriages, experience the superabundant love and mercy of God and realize a foretaste of Paradise in their marriages and families. Contact Deacon Rudy at 225-665-5359 for more information.



That Man is You! is an interactive men’s program combining the best research from science with the teachings of the Catholic faith and the wisdom of the saints to develop the vision of a man fully alive. By honestly addressing the pressures and temptations that men face in our modern culture, That Man is You! seeks to form men who will be capable of transforming homes and society. This year’s program is titled: The Spirit of Nazareth.

Begins: Thursday, January 7 @ 7 p.m. or  
Saturday, January 9, @ 7 a.m.

## Catholic Youth Leadership Awards

The Knights of Columbus is seeking candidates for the Catholic Youth Leadership Award. Cash prizes are presented to High School Seniors who show leadership in the Church, School and Community. The top prize is \$4,000. Please call Danny Bennett with nominations at 505-6062. Interested students and parents can obtain an application at <http://louisianakc.org/programs/cyla/>. Deadline for submission is **January 31, 2016.**

## \$500 Community Service Scholarship Award

This scholarship will be awarded in the Spring of 2016 to a graduate attending an accredited college or university. Area High School seniors are encouraged to apply (male or female). Applicant must be a member of Immaculate Conception Church/Sacred Heart Mission in Livingston. Deadline for submitting applications is **January 15, 2016.** For application or information, please contact: Alice Tassin at 225-686-2433 or JoAnn Martrain at 225-324-2904.

## —Outreach—

## Check the Neck

Chances are we all know at least one person with Thyroid disease. After all 20 million Americans currently suffer from some sort of the disease. It affects people of all ages and races but women are five to eight times more likely to have thyroid disease than men.

The thyroid gland, a small, butterfly shaped gland is found in the middle of the lower neck. Its primary function is to control the body's metabolism (rate at which cells perform duties essential to living). To do this, the thyroid produces two hormones, T<sub>4</sub> and T<sub>3</sub>, which tell the body's cells how much energy to use.

Too much hormone, hyperthyroidism, the body uses energy faster than it should. Symptoms include irritability, tremors, weight loss, sleep disturbances, vision problems, and heat sensitivity. Hypothyroidism is the opposite—not enough hormone is produced and the energy is slower than it should be. Symptoms would include: fatigue, forgetfulness, weight gain, dry skin, hoarse voice, intolerance to cold. There are many things that can cause either one of these problems.

Fortunately there is a blood test where the thyroid stimulating hormone (TSH) can be measured to identify either one of these diseases even before symptoms begin. Both diseases can be treated, usually with medication but they are life-long conditions but with careful management, people with thyroid disease can live healthy normal lives.

Thyroid cancer is one of the most survivable cancers—nearly 97% after 5 years. Symptoms are relatively non-specific but the most common one is a mass in the neck. There is a self-exam that everyone can do that is one of the best ways to detect thyroid cancer early. It is called a “Neck Check” and the steps are:

1. First, locate your thyroid gland, which is above your collarbone and below the voice box. Don't confuse it with the Adam's apple, which lies above the thyroid gland.
2. Keeping your focus on this part of the neck with a mirror, tip your head back, then swallow a drink of water.
3. Look at your neck while you swallow, checking for any static or moving bumps.

This is so simple yet so effective in noting neck masses. Several years ago the parish nurse at First United Methodist put a flyer on “Check the Neck” in the bathroom. It helped someone discover he had thyroid cancer so save your neck and check it today!

*Strength abides in his neck, and power leaps before him” Job 41:14*

## Perpetual Adoration Chapel

Sun—Midnight-1 a.m.      Fri—12 a.m.-1 a.m.\*  
 Sun—9 a.m.-10 a.m.\*      Sat—1 p.m.-2 p.m.\*  
 Sun—12 noon-1 p.m.      Sat—5 p.m.-6 p.m.\*  
 Mon—1 a.m.-2 a.m.\*      Sat—9 p.m.-10 p.m.\*  
 Mon—2 p.m.-3 p.m.\*      Sat—10 p.m.-11 p.m.\*  
 Tues—1 a.m.-2 a.m.\*      Sat—11 p.m.-Midnight  
 Wed—Midnight-1 a.m.      \*No Committed Adorers  
 Wed—7 a.m.-8 a.m.

Substitutes are needed for all hours!

“Let us ask ourselves this evening, adoring the Christ truly present in the Eucharist: do I let myself be transformed by Him? Do I let the Lord who gives Himself to me, guide me to come out more and more from my little fence, to get out and be not afraid to give, to share, to love Him and others?”

Pope Francis-May 31, Feast of Corpus Christi Homily

**REMINDER COMMITTED ADORERS:** Please contact your hourly coordinator first if you are unable to keep your hour and have tried to get a sub. If unable to reach them, contact the Division Leaders/Assistants below:

12 Noon-5 PM—Melinda Mayeaux-603-2932  
 6 PM-11 PM—Theresa Rinker-664-8823; Angela Hood-664-8179  
 12 Midnight-5 AM—Allison Renfrow-978-1892  
 6 AM-11 AM—Mary Toler-664-0287

If you would like to commit to an hour, call Allison Renfrow at 978-1892.

The 1 p.m. hour on the last Sunday of the month is **NOT** silent. The rosary will be prayed by the Catholic Daughters. All are welcome!

The 12 noon hour on Fridays (**not silent**) is for priests, religious, seminarians and The Unborn. All are welcome!

### A Vocation View: January 3, 2016 The Epiphany of the Lord



The Glory of the Lord is revealed to us every day by the ministry of our priests, religious sisters and brothers. Would you consider helping other people to walk in the Light of the Lord? If God is calling you, call or email Fr. Matt Dupre at 225-336-8778, mdupre@diobr.org, or visit, www.diobr.org/vocations.



**Traveling Chalice For Vocations** will be received by the Wright family (Dianne, Jimbo and Mary) for the week of January 3, 2016 at the 11 a.m. Mass and by the Curtain family (D. J. and Stephanie) for the week of January 9, 2016 at the 4 p.m. Mass. If your family is interested in receiving the Traveling Chalice, call Mary Womack at 665-3505.